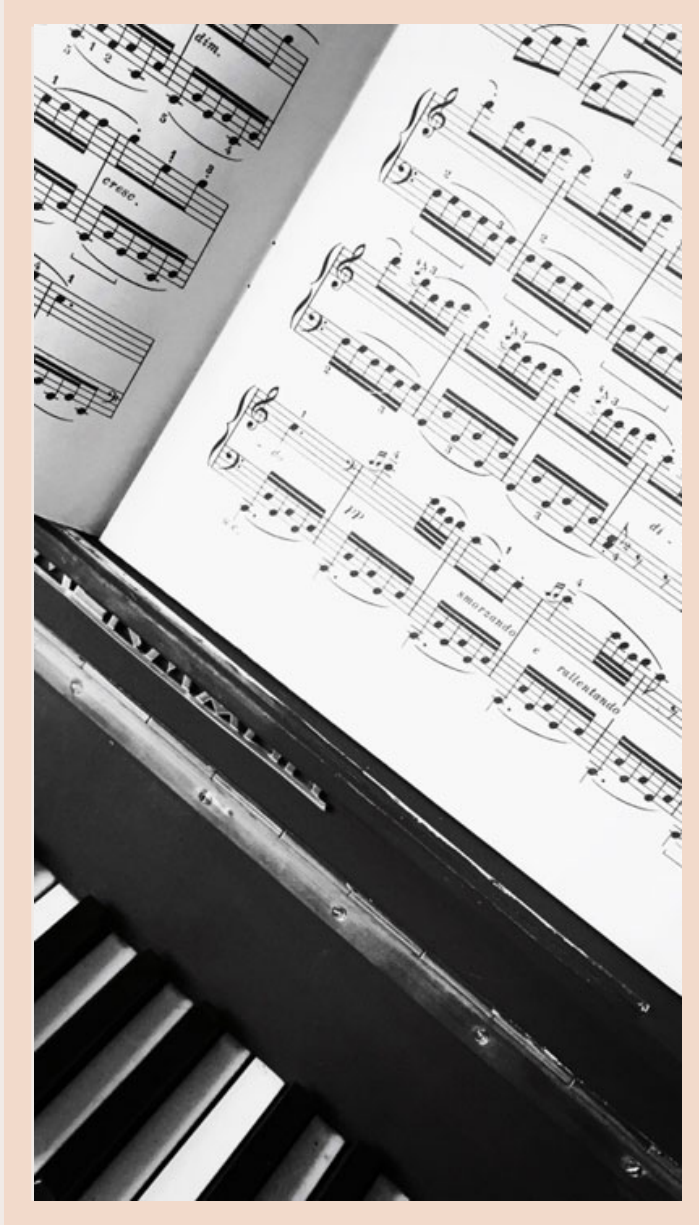


Elegant Alchemy

Life Coaching
with Rima Nouri

Module 5

Consistency



Lesson 3:
Rituals



Change Your Home, Change Your Life!

M5 LESSON 3 Worksheet: Rituals

Rituals

Which of your rituals do you really cherish?

Where in the home do they dwell?

Does your home need an upgrade in that place to match the beauty and the depth and the joy and importance of that ritual? If so, how can you get that place one point higher?

