

Elegant Alchemy

Life Coaching
with Rima Nouri

Module 1

Connection



Lesson 3:
Connection to Your Action



Change Your Home, Change Your Life!

M1 LESSON 3: Connection to Your Action

If you have not yet done so, please complete Lesson 1&2 first.

Which room is the most important for the next steps of your journey to your ideal life? (Choose 1).

On a scale of 1-10, where does this room actually stand compared to your ideal home?

If this room was one point higher, what would be different?

Post a picture of the room in question in the group and tell us what you plan to do and why!

